



TO THE New Patient

OUTLINE OF PROCEDURES FOR CARE

STEP ONE:

All new patients are requested to fill out this personal health history questionnaire.

STEP TWO:

A one-on-one consultation with the doctor will be done to discuss your health problems and to determine what may be the cause.

STEP THREE:

A comprehensive examination and evaluation including those tests necessary to determine the precise cause of your problem is given.

STEP FOUR:

The doctor will advise you if additional laboratory tests or x-rays are needed.

STEP FIVE:

You will be given a Report of Findings at which time the cause of your problem will be discussed. It includes a thorough explanation of

how our treatment works and what results can be obtained. You will also be advised concerning how our office procedures work. If you are accepted for care, treatment will begin.

STEP SIX:

Over the next few visits, treatment will continue as we explain what we are finding. After several visits we will sit down and discuss the care necessary to become as healthy as possible.

STEP SEVEN:

An estimate of the future care that is needed will be given and upon your acceptance, care will continue until the personal maximum correction of your problem has been obtained.

STEP EIGHT:

After maximum correction has been obtained, a schedule of care will be recommended to help prevent future problems and maintain good health.

PERSONAL HISTORY

Name: _____ Address: _____
City: _____ State _____ Zip Code: _____
Home Phone: _____ Birth Date: _____ Age: _____ Sex: ☐ M ☐ F
Cell Phone: _____ E-mail Address: _____
Social Security # _____ Driver's License Number: _____
Check One: ☐ Married ☐ Single ☐ Widowed ☐ Divorced ☐ Separated
Business Employer: _____ Type of Work: _____
Business Phone: _____
Name of Spouse _____ Spouse's Social Security # _____
Spouse's Employer _____ Business Phone _____
Type of Work _____ Name and Ages of Children _____
Referred To This Office By: _____
Name and Number of Emergency Contact: _____ Relationship: _____
Who Is Responsible For Your Bill, You and ☐ Spouse ☐ Workers' Comp. ☐ Auto Insurance ☐ Medicare ☐ Medicaid
☐ Personal Health Insurance (Name) _____ ☐ Health Card # _____
Insured Person's Name _____ Date of Birth _____

CURRENT HEALTH CONDITION

Unwanted Health Condition _____
Other Doctors Seen For This Condition: ☐ Yes ☐ No _____ Who? _____
Type of Treatment: _____ Results: _____
When Did This Condition Begin? _____ Has This Condition Occurred Before? ☐ Yes ☐ No
Is Condition: ☐ Job Related ☐ Auto Accident ☐ Home Injury ☐ Fall ☐ Other: _____
Date of Accident: _____ Time of Accident: _____
Have You Made A Report of Your Accident To Your Employer: ☐ Yes ☐ No
Drugs You Now Take: ☐ Nerve Pills ☐ Pain Killers/Muscle Relaxers ☐ Blood Pressure Medicine
☐ Insulin ☐ Other _____
Do You Wear A Shoe Lift? ☐ Yes ☐ No
Do You Suffer From Any Condition Other Than That Which You Are Now Consulting Us? _____

PAST HEALTH HISTORY

Please Check and Describe:

Major Surgery/Operations: ☐ Appendectomy ☐ Tonsillectomy ☐ Gall Bladder ☐ Hernia ☐ Back Surgery☐ Broken Bones ☐ Other _____

Major Accident or Falls: _____

Hospitalization (Other Than Above): _____

Previous Chiropractic Care: ☐ None ☐ Doctor's Name & Approximate Date of Last Visit _____

Below are a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall course of care.

CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:

- | | | |
|--|--|---|
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Mumps | <input type="checkbox"/> Influenza |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox | <input type="checkbox"/> Pleurisy |
| <input type="checkbox"/> Polio | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Disorders |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lumbago |
| <input type="checkbox"/> Measles | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Eczema |

INTAKE

- ☐ Coffee
☐ Tea
☐ Alcohol
☐ Cigarettes
☐ White Sugar

Have you been tested HIV positive? ☐ Yes ☐ No

CHECK ANY OF THE FOLLOWING YOU HAVE HAD THE PAST 6 MONTHS:

MUSCULO-SKELETAL CODE

- ☐ Low Back Pain
☐ Pain Between Shoulders
☐ Neck Pain
☐ Arm Pain
☐ Joint Pain/Stiffness
☐ Walking Problems
☐ Difficult Chewing/Clicking Jaw
☐ General Stiffness

- ☐ Gas/Bloating After Meals
☐ Heartburn
☐ Black/Bloody Stool
☐ Colitis

GENITO-URINARY CODE

- ☐ Bladder Trouble
☐ Painful/Excessive Urination
☐ Discolored Urine

NERVOUS SYSTEM CODE

- ☐ Nervous
☐ Numbness
☐ Paralysis
☐ Dizziness
☐ Forgetfulness
☐ Confusion/Depression
☐ Fainting
☐ Convulsions
☐ Cold/Tingling Extremities
☐ Stress

C-V-R CODE

- ☐ Chest Pain
☐ Short Breath
☐ Blood Pressure Problems
☐ Irregular Heartbeat
☐ Heart Problems
☐ Lung Problems/Congestion
☐ Varicose Veins
☐ Ankle Swelling
☐ Stroke

GENERAL CODE

- ☐ Fatigue
☐ Allergies
☐ Loss of Sleep
☐ Fever
☐ Headaches

EENT CODE

- ☐ Vision Problems
☐ Dental Problems
☐ Sore Throat
☐ Ear Aches
☐ Hearing Difficulty
☐ Stuffed Nose

GASTRO-INTESTINAL CODE

- ☐ Poor/Excessive Appetite
☐ Excessive Thirst
☐ Frequent Nausea
☐ Vomiting
☐ Diarrhea
☐ Constipation
☐ Hemorrhoids
☐ Liver Problems
☐ Gall Bladder Problems
☐ Weight Trouble
☐ Abdominal Cramps

MALE/FEMALE CODE

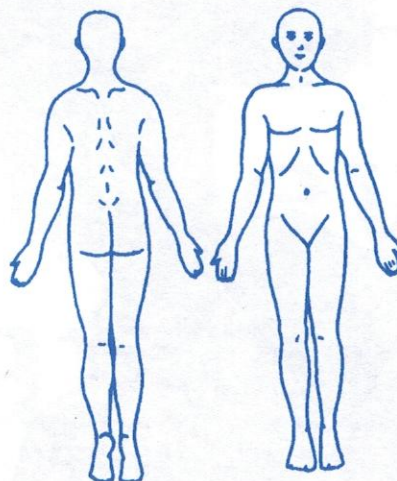
- ☐ Menstrual Irregularity
☐ Menstrual Cramps
☐ Vaginal Pain/Infection
☐ Breast Pain/Lumps
☐ Prostate/Sexual Dysfunction
☐ Other Problems
☐ _____
☐ _____
☐ _____

FEMALES ONLY:

When was your last period? _____

Are you pregnant?

- ☐ Yes ☐ No ☐ Not Sure



Please outline on the diagram the area of your discomfort

FAMILY HISTORY

The following members have a same or similar problem as I do:

- ☐ Mother
☐ Father
☐ Brother
☐ Sister
☐ Spouse
☐ Child

DO NOT WRITE BELOW THIS LINE

ANALYSIS:

DIAGNOSIS:

Patient Accepted: ☐ Yes ☐ No ☐ Referred

Doctor's Signature _____

Most patients that come to our office have one of two objectives in mind concerning their health care. Some patients come for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). Your Doctor will weigh your needs and desires when recommending your treatment program.

Please check the type of care desired so that we may be guided by your wishes whenever possible.

☐ Relief
Care

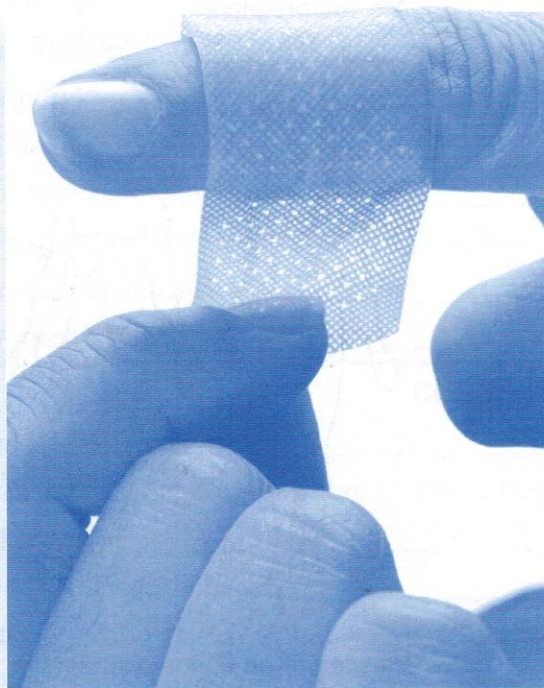
☐ Corrective
Care

☐ Check here if you want the Doctor to select the
type of care appropriate for your condition

Date

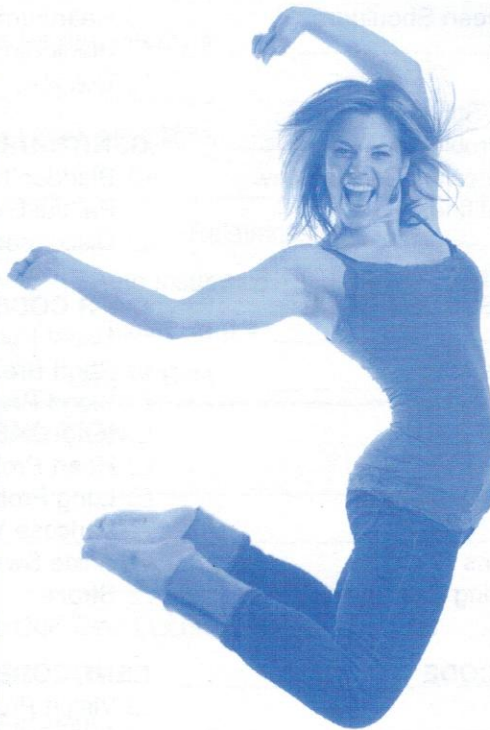
Patient's Signature

If this is an accident related injury, please fill out the Accident Form. Thank You!



Relief Care

Relief Care is that care necessary to get rid of your symptoms or pain, but not the cause of it. It is the same as drying a floor that was getting wet from a leak, but not fixing the leak.



Corrective Care

Corrective care differs from relief care in that its goal is to get rid of the symptoms or pain while correcting the cause of the problem. Corrective care varies in length of time, but is more lasting.

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate, any fees for professional services rendered me will be immediately due and payable.

I hereby authorize the Doctor to treat my condition as he or she deems appropriate. It is understood and agreed the amount paid the Doctor, for x-rays, is for examination only and the X-ray negatives will remain the property of this office, being on file where they may be seen at any time while a patient of this office. The patient also agrees that he/she is responsible for all bills incurred at this office.

Patient's Signature _____

Date _____

Consent to Treat a Minor _____

Date _____

Guardian or Spouse's
Signature of Authorizing Care _____

Date _____

CONSULTATION HISTORY/ THE SAUL CLINIC

Patients Name: _____ **Date:** _____

1. Have you been to a Chiropractor before? Circle one: YES NO

2. How were your results? Circle One: Satisfactory Not satisfactory

3. What condition is causing you to seek our help? _____

NOTE: If you are here to start wellness care, please answer questions 10-12, 19 and 22

4. How long have you had this condition? _____

5. How often do you notice your condition? Circle ONE:
Constantly, Nearly Constant, Frequently, Infrequently, Occasionally,

6. What actions make your condition worse? e.g.: sitting, lying down, lifting,
etc. _____

7. Have you seen other Doctors for this condition? _____ Who? _____ When? _____

8. Was any medication prescribed? _____

9. Have you tried any other remedies that did not work? _____
Please list them. e.g.: Ice, Heat, NSAIDs, PT, etc.

10. Do you take any Medications for any other reasons? _____
If yes, please list conditions and reasons:

11. Do you take vitamins? Please list which ones and the reasons for taking them.

12. Have you had any major or minor physical traumas in your life? _____
If so, please list what happened and when they occurred.
e.g. Car Accidents, Falls, Work Injuries, Sports injuries

13. Do you have any repetitive motion injuries? _____ Please list. e.g. Sitting at a computer for multiple hours, working on a production line...

14. Before you began to suffer with this problem, was there an earlier accident, injury or condition that could have been an underlying cause of your current condition? _____

15. How does your condition feel when it is at its worst? _____

16. Does your condition interfere with your ability to work? Circle One YES...NO...SOMETIMES In what way? _____

17. Does it interfere with your family or social life? If yes, in what way? _____

18. On a scale of 1 to 10, (Ten being the worst) what level is your pain on a day to day basis? _____

19. How would you rate your daily STRESS level on a scale of 1 to 10? _____ If over 5, is your stress Physical, Mental or Emotional. (Circle one or more). Is it related to Work, Family, Finances? (Circle one or more).

20. Do your parents or children suffer with the same or similar problem? If yes, please explain _____

21. How old does having this condition make you feel compared to your real age? Circle one. No difference _____ Years Older

22. How many hours of sleep do you get per night? _____ Hours

23. Is there anything that would stop you from taking care of your problem if we thought we could help you? _____

e.g. Work Schedule, travel, time, money, transportation. Etc.